



Play to Your Strengths

FreshVue's 3-Part Workshop Series

Align your work with your natural strengths, expand your capacity, and create meaningful, lasting impact.

You juggle priorities, solve problems, and adapt to constant change. Some days, the work energizes you; other days, it leaves you wondering why it feels **harder than it should**—despite how much you care.

What if work could feel more natural and sustainable?

Play to Your Strengths blends FreshVue's human-centered approach with insights from the Kolbe System™ to help you understand how you naturally take action—and use that awareness to make work feel more effective and less draining.

Across three workshops and a personal coaching session, you'll explore how your instinctive way of problem-solving can improve communication, reduce friction, and help you do your best work—without burning out.

What You'll Experience

Work from Your Strengths: Understand how you naturally take action and make small shifts to feel more energized and effective.

Build Clarity and Confidence: Recognize your problem-solving patterns and learn what helps you perform at your best.

Protect Your Energy: Adjust how you engage to sustain focus and thrive.

Turn Insight into Action: Communicate more clearly and apply what you learn right away.

1-on-1 Coaching: Meet privately with a FreshVue Certified Kolbe Consultant™ after Workshop One to personalize your insights.

Program Snapshot

Three sessions over six weeks
8-8:30 am — Arrive & Connect
8:30 - 11:00 am — Workshop

Investment & Options

The full Play to Your Strengths experience is \$1,950 per participant and includes your Kolbe A™ Index, three workshops, and a personalized 1-on-1 coaching session.

You can also take advantage of:
Early Bird Rate — \$1,750
Save \$200 when you register by the early-bird deadline for your chosen series. (Dates listed below.)

Group Rate — \$1,500 per participant
For teams or organizations registering three or more people.

| Seating is limited to maintain a personalized, high-impact learning experience.

Upcoming Series

Series 1:	Series 2:	Series 3:
November–December 2025	January–February 2026	February–March 2026
Workshop Dates: [Insert Dates Here]	Workshop Dates: [Insert Dates Here]	Workshop Dates: [Insert Dates Here]
Early-Bird Deadline: [Insert Date Here]	Early-Bird Deadline: [Insert Date Here]	Early-Bird Deadline: [Insert Date Here]

What People Are Saying

FreshVue didn't just show me my strengths—it gave me the tools to use them. My work feels lighter and better aligned with how I naturally operate.

— Program Manager,
Workforce Development Nonprofit

Scan to Learn More & Register

